

# Founders NEIGHBORS

A publication for  
**FOUNDERS VILLAGE**  
Residents



**February 2025**

## Member Notification Information

### COMMUNITY LEGAL NAME:

Founders Village Master Association, Inc.

### DATE DECLARATION RECORDED:

August 12, 1985

### FISCAL YEAR: January - December

### ASSESSMENT:

\$55 (billed quarterly)

### ASSESSMENT INCLUDES:

Community Center, Pool, Social Activities, Covenant Enforcement, Trash Disposal, Newsletter

### COMMUNITY REPRESENTATIVE:

PCMS Management Company  
7208 S. Tucson Way, Suite 125  
Centennial, CO 80112  
303-224-0004 Office  
303-224-0002 Fax

### DOCUMENTS:

The Master Declaration Of Covenants and Residential Improvement Guidelines can be viewed at the Founders Village website at:

[www.foundersmasterhoa.com](http://www.foundersmasterhoa.com)

See forms located in the columns on the left.

### ADVERTISING:

[kerri@porchlink.com](mailto:kerri@porchlink.com)

Target Your Market With  
Neighborhood Newsletters!



Advertise in the March issue of  
**Founders Neighbors**

Deadline to advertise is

**February 20th**

E-mail [kerri@porchlink.com](mailto:kerri@porchlink.com)  
for rates and information.



## Ridge House Hours

Monday, Tuesday, Wednesday 4pm-8pm  
Thursday 10am-2pm  
Friday 2pm-6pm  
Saturday 12pm-6pm  
Sunday 10am-4:00pm

## Fitness Classes

Tuesday & Wednesday at 5pm ZUMBA  
Thursday at 11am BUTTS & GUTS



## Street Snow Removal Reminder:

As a reminder, the street snow removal in the community is provided by the Town of Castle Rock. Additional information can be found on their website at

<https://www.crgov.com/1835/Snow-Information>

## Who Is Cupid?

Cupid is often portrayed on Valentine's Day cards as a naked cherub launching arrows of love at unsuspecting lovers. But the Roman God Cupid has his roots in Greek mythology as the Greek god of love, Eros. Accounts of his birth vary; some say he is the son of Nyx and Erebus; others, of Aphrodite and Ares; still others suggest he is the son of Iris and Zephyrus or even Aphrodite and Zeus (who would have been both his father and grandfather).

According to the Greek Archaic poets, Eros was a handsome immortal who played with the emotions of Gods and men, using golden arrows to incite love and leaden ones to sow aversion. It wasn't until the Hellenistic period that he began to be portrayed as the mischievous, chubby child he'd become on Valentine's Day cards.

[www.history.com/topics/valentines-day/history-of-valentines-day-2](http://www.history.com/topics/valentines-day/history-of-valentines-day-2)

HAPPY  
Valentine's Day

# Did You Know....

- Colorado has the highest elevation of any U.S. state.
- Colorado's nicknames include Centennial State, Highest State, and the Switzerland of America.
- Colorado is the only state in America to turn down the Olympics.
- The largest flat-topped mountain in the world is in Grand Mesa, Colorado.
- The first car license plates were issued in Denver back in 1908.
- The state's name Colorado translates to "colored red" from Spanish.
- Colorado's southwest corner borders Arizona, New Mexico, and Utah. It is the only place in America where the corners of four states meet.
- Colorado Springs locals enjoy more than 300 sunny days. Due to its location and position which is over 6,000 feet above sea level, Colorado Springs is also one of the tallest cities in the U.S.
- Nikola Tesla once had his experimental lab in an area that is now a memorial park.



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WITH MENTION OF THIS AD

## Questions On Process For Submitting Architectural or Design Review Plans?



Please note the e-mail address for all design review requests and inquiries regarding the submittal process is at [designreview@pcms.net](mailto:designreview@pcms.net). If you have any questions regarding the process for submitting a plan or would like to submit your plan via e-mail, please do so at this address.

- Lowest Commissions
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- Personal Websites



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NADYA LAMBERT  
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**Contact Us**

Phone: (303) 734-7131 | [Frontdesk@NadyaLambert.com](mailto:Frontdesk@NadyaLambert.com)

6855 S. Havana St., Suite 370, Centennial, CO 80112  
(Off of Intersection of E. Arapahoe and S. Havana)

**Call today for a FREE 30-minute consultation.**

# Town of Castle Rock Municipal Code: Feeding Wildlife

The Town of Castle Rock as well as State law prohibits the feeding of wild animals, except for certain types of birds. The Animal Control Officers can be a good resource for you. Please see below for additional information.

**Town of castle Rock Municipal Code**

**6.02.030 Definitions**

***Wild animal** shall mean all wildlife, including, but not limited to, bears, coyotes, foxes, mountain lions, opossums, raccoons, skunks, squirrels, raptors, all game animals, and all other species of animals, which exist in their natural, unconfined state and are usually not domesticated.*

**6.02.310 - Feeding of wild animals prohibited.**

*A. It is unlawful for any person to feed, provide, leave, distribute or scatter attractants in a manner in which any wild animal would reasonably be able to gain access to such attractant or which might entice any wild animal within the Town.*

*B. This Section shall not apply to any person utilizing a bird feeder, provided that the feeder is elevated or suspended on a pole, (e.g. shepherd's pole), cable or other similar device to make it inaccessible to wild animals and the area below the feeder is kept free from the accumulation of seeds and seed debris and waste debris.*

*C. It is unlawful for any person to dispense, feed of otherwise make available to any birds, either on such person's property, or on the property of another, or of the Town any type or amount of food in a manner that:*

1. Creates an unclean, unsafe or unsanitary condition either on such person's property or on the property of another or of the Town.
2. Results in the accumulation of droppings, feces, or feathers either on such person's property or on the property of another or of the Town.
3. Creates an unreasonable disturbance either on such person's property or on the property of another or of the Town.
4. Attracts other wildlife, vermin, or pests either to such person's property or the property of another or of the Town.
5. Otherwise deleteriously affects the quiet enjoyment by others of any private or public property.

(Ord. No. 2018-013, § 1, 5-1-2018)

Weblink: [https://library.municode.com/co/castle\\_rock/codes/municipal\\_code?nodeId=TIT6AN\\_CH6.02ANCO\\_6.02.310FEWIANPR](https://library.municode.com/co/castle_rock/codes/municipal_code?nodeId=TIT6AN_CH6.02ANCO_6.02.310FEWIANPR)

**Town of Castle Rock Website – Animal Control**

To report concerns with wildlife, please contact the Animal Control Unit or CPW.

**Colorado Parks and Wildlife, Northeast Region | 6060 Broadway, Denver, CO 80216**

**Phone: 303-291-7227**

Colorado Parks and Wildlife website: Weblink: <https://www.crgov.com/3477/Animal-Control-Unit>

Animal Control Officers are available daily from 8 a.m. to 6 p.m. They can be reached at 720-733-6063, or via email at [PoliceAnimalControl@CRgov.com](mailto:PoliceAnimalControl@CRgov.com).

# Founders Village Classified Advertising

**OB PAINTING: 10% OFF Interior or Exterior Painting.**  
Over 30 years in business. Call today! 303-908-9063.

**ADVERTISE FOR LESS It's EASY**

email your classified ad to [kerri@porchlink.com](mailto:kerri@porchlink.com) \$15 for 25 words. Deadline is the 20th of the preceding month.

**FAMILY LAW IN CASTLE ROCK:** At CNL Law Firm, PLLC we are here to protect our clients to the greatest extent possible, through every step of the legal process. Free consultations. [www.cnllaw.com](http://www.cnllaw.com) or [chris@cnllaw.com](mailto:chris@cnllaw.com) 720-575-5675.

**UNLOCK EXCLUSIVE SAVINGS ON OUR WEBSITE, MOOREHEATINGAC.COM!** Elevate your comfort today - visit us online or call 303-680-5300 to schedule your furnace maintenance/repairs/installations.

**THE BEST CLEANERS:** Lowest prices in town. Honest people. Free estimate. References available (720) 364-8403.

**A BETTER GARAGE DOOR INC.** Garage door and opener repair to full replacements 25 years experience with multiple trucks for a quick response 303-920-2267.

**CARPET REPAIR/RE-STRETCHING:** Carpet & upholstery cleaning. Wool area rug cleaning. Specials: \$25 off each service provided. Call A Personal Touch 720-344-2870.

**AFFORDABLE KITCHEN & BATH DESIGN:** Quick and affordable kitchen and bath cabinet refacing. Complete kitchen and bath remodeling. Call today for a free estimate: 720-837-4885 or [akbdesign2010@aol.com](mailto:akbdesign2010@aol.com). Member Team Dave Logan



*Classified advertising through Porchlink has been pleasant and productive for our small business. We've received a great deal of business in the targeted areas the newsletter reaches.*



**Valerie Petersen**  
Petersen Custom Glass, LLC

*How do I place a classified ad?*

EMAIL YOUR AD TO  [KERRI@PORCHLINK.COM](mailto:KERRI@PORCHLINK.COM)

 **DEADLINE 20th**

WANT HELP WRITING YOUR AD?  Just let us know!

*How are classified ads different than display ads?*

Just text ads  No logos or images  All on the same page

*How do I pay for a classified ad?*

We will email you an invoice with a link to pay via credit or debit, mail us a check or make payment over the phone.

## Try classified advertising- It's easy, affordable and **EFFECTIVE!**

Our classified advertising option has been a great success for small, local businesses interested in marketing in an **EFFECTIVE & AFFORDABLE** way!

**And it's EASY to do-** simply email [kerri@porchlink.com](mailto:kerri@porchlink.com) with the text for your ad (base pricing for 25 words, \$.50 per additional word) and let us know **which newsletters** you would like to advertise in.

**Best of all-** new advertisers can try classified advertising in and receive the same ad **FREE** in The following month's issue! **Our deadline is always the 20th of the preceding month.**

There is **no long term commitment**, you are welcome to advertise on a monthly basis depending on your needs. **However, most of our classified advertisers stick with us month after month... for years!**

## Why not give it a try?

Email [kerri@porchlink.com](mailto:kerri@porchlink.com) with any questions. We'd be happy to email you any past newsletters or samples of classified ads for reference.

Rates per issue for 25 words, \$.50 per additional word:		
Publication	# of Homes	Rates per issue
Stonegate	4,600	\$35
Stroh Ranch	2,400	\$25
Pradera	550	\$25
<b>ALL OF Parker (above)</b>	<b>7,550 HOMES</b>	<b>\$75</b>
Blackstone	2,457	\$35
Tollgate Crossing	1,500	\$25
Tallyn's Reach	2,037	\$35
Saddle Rock North	663	\$25
Saddle Rock East/South	1,566	\$25
Murphy Creek	1,400	\$20
The Farm	1,500	\$10
<b>ALL OF Aurora (above)</b>	<b>11,123 HOMES</b>	<b>\$165</b>
Willow Creek 1, 2, and 3	1,629	\$35
Foxridge	1,000	\$25
Hunters Hill	275	\$10
<b>ALL OF Centennial</b>	<b>2,904 HOMES</b>	<b>\$60</b>
Sapphire Pointe	800	\$15
Founders Village	2,200	\$15
<b>ALL OF Castle Rock</b>	<b>3,000 HOMES</b>	<b>\$25</b>
Colliers Hill (Erie)	1,545	\$25



## CINC Webaxis Account & E-News Notifications:

Please register your account through the CINC Webaxis homeowner portal located at <https://pcms.cincwebaxis.com/>. You will need your account # to register, which can be found on your welcome letter or most recent assessment billing.

(After you submit your website registration request, the system will send you an email to set your password. Please note that this email may go to your junk folder. The link expires after 5 hours. If you miss this window, please contact the bookkeeper at [accounting@pcms.net](mailto:accounting@pcms.net) to have a new link emailed to you.)

This site allows you to see your account information, submit ARC requests, file a concern/complaint and receive updates. The email address used for your account will automatically be in the system to receive community E-News updates. If you would like **an additional** email address registered, please provide your property address and the additional email address to [corpoffice@pcms.net](mailto:corpoffice@pcms.net). Don't miss out on important community events and updates.

## 2025 Board of Directors Meeting Schedule

The Founders Village Master Association Board of Directors meetings are the 3rd Thursday of February, May, August and November. Please email PCMS at [Corpoffice@pcms.net](mailto:Corpoffice@pcms.net) if you would like confirmation of the Zoom meeting login details. Be sure to include the address of the property you own when **requesting this information**.

**February 20, 2025-6:00 PM | May 15, 2025-6:00 PM | August 21, 2025-6:00 PM**

**November 20, 2025-6:00 PM-Annual Membership & Budget Ratification Meetings-** Please refer to the annual notice, which will be mailed to all homeowners of record, for detailed information, including login details and instructions. This notice will be sent approximately 30 days prior to the meeting date.

For the most up-to-date meeting information, please visit the community website found at: [www.FOUNDERSMasterHOA.com](http://wwwFOUNDERSMasterHOA.com).

### Community Website Info

As a reminder, the Founders Village Master Association currently has two websites.



❶ [www.foundersmasterhoa.com](http://www.foundersmasterhoa.com) (No log in/registration required)

VIEW/DOWNLOAD/PRINT THE GOVERNING DOCUMENTS

GENERAL ASSOCIATION INFORMATION

❷ <https://pcms.cincwebaxis.com> (Registration required)

REGISTER @ <https://pcms.cincwebaxis.com>

VIEW/DOWNLOAD/PRINT THE GOVERNING DOCUMENTS /GENERAL ASSOCIATION INFORMATION

VIEW YOUR SPECIFIC HOMEOWNER ACCOUNT: ACCOUNT BALANCE AND MAKE PAYMENTS ON YOUR ACCOUNT

VIEW YOUR ARCHITECTURAL REQUEST HISTORY AND SUBMIT YOUR ARCHITECTURAL REQUESTS

VIEW YOUR COVENANT VIOLATION HISTORY AND ADD NOTES/UPDATES TO THE COVENANT VIOLATION LISTED

SUBMIT WORK ORDER REQUESTS FOR MAINTENANCE ITEMS YOU FEEL NEED TO BE REVIEWED/ADDRESSED EITHER IN THE COMMON AREAS OR CLUBHOUSE WITHIN THE COMMUNITY

RECEIVE COMMUNITY E-NEWS UPDATES

**Questions?**  
Please contact  
[support@pcms.net](mailto:support@pcms.net)



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**www.Porchlink.com**



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Advertising Policy: This newsletter is published privately for the residents and homeowners of Founders Owners Association, by Compub Media.

Advertisements pay expenses related to publishing this newsletter. The publisher reserves the right to refuse advertising to any person or company. Publisher does not recommend or sanction any advertisement. Advertisers are expected to treat clients and the community ethically. When hiring anyone advertising in this publication, residents are urged to do their own research. Complaints from residents are given serious consideration.

The Teen Services listing is offered and maintained by The Founders Owners Association, its officials or agents, and is not a service of Compub Media. Any misuse of the listing should be reported immediately to the Founders Owners Association, its officials or agents.



# Trash & Recycling 2025 Calendar

 Recycle logo indicates recycle week

Trash carts must be out at 7am until 7pm | Trash Pick-up on Thursdays\*highlighted | Recycling every other week

720.547.8600 • hbstrash.com

## 01 | JANUARY 2025

S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

## 02 | FEBRUARY 2025

S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	

## 03 | MARCH 2025

S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

## 04 | APRIL 2025

S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

## 05 | MAY 2025

S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

## 06 | JUNE 2025

S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

## 07 | JULY 2025

S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

## 08 | AUGUST 2025

S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

## 09 | SEPTEMBER 2025

S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

## 10 | OCTOBER 2025

S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

## 11 | NOVEMBER 2025

S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

## 12 | DECEMBER 2025

S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

**HOLIDAYS:** Trash pick up will be moved to the following day if pick up day falls on or after a holiday during the week.

New Year's Day - Jan 1st - Falls on a Wednesday (service starts Thursday)

Memorial Day - May 26th - Falls on a Monday (service starts Tuesday)

Independence Day - July 4th - Falls on a Friday (Friday is moved to Saturday)

Labor Day - Sept 1st - Falls on a Monday service starts Tuesday

Thanksgiving - Nov 27th - Falls on a Thursday (Thursday is moved to Friday)

Christmas - Dec 25th - Falls on a Thursday service starts Friday

## Please

Empty and rinse all containers

Place recyclables loose and unbagged in your curbside recycling container

Flatten all cardboard and paperboard boxes

Place your recycling container 4 feet from parked cars and other obstacles

## RECYCLING GUIDELINES

For the health and safety of our workers, please make sure all recyclable materials in your curbside bins are washed out and clean and follow the below guidelines.

### ACCEPTABLE RECYCLING ITEMS

#### What items CAN be recycled?

##### Paper

Mixed paper | Newspapers, magazines, and catalogs | Cardboard  
Cartons | Paperboard | Phonebooks and paperback books

##### Plastics

Rigid plastic | Bottles and containers | Plastics #1-7

**NO FOOD RESIDUE, NO PLASTIC BAGS, NO STYROFOAM, NO HARD PLASTIC ITEMS- TOYS, PVC PIPE, FLOWER POTS, ETC.**

##### Metals

Aluminum cans, foil, and pie plates | Steel cans  
Loose metal jar lids and bottle caps

##### Glass NO FOOD RESIDUE

We are now accepting clean and washed out glass in your curbside recycling bin.

### NOT ACCEPTABLE RECYCLING ITEMS

#### What items CAN NOT be recycled?

Please **DO NOT** place the following products in your curbside recycling container.  
**NO GARBAGE | NO PLASTIC BAGS | NO PLASTIC FILM | NO STYROFOAM®**

**NO PLASTIC BAGS OR FILM:** We cannot accept plastic bags in your curbside recycling bin. Plastic bags can be recycled at most local grocery stores.

**NO NON-RECYCLABLE PLASTICS:** We accept plastics #1-7 but there are some plastics that are not recyclable. These products include Styrofoam, hard plastic items including toys, plastic chairs, flower pots, PVC pipes and any other plastic products that are not listed in these guidelines.

**NO LIQUIDS OR FOOD RESIDUE:** Please completely empty and rinse out all containers before recycling.

**NO CERAMICS OR OTHER GLASS PRODUCTS:** Do not place glass, ceramics, china, dishes, mirrors, light bulbs, Pyrex, porcelain, or window glass in your curbside recycling container.

**NO SCRAP METAL:** Do not place scrap metal items of any size in your curbside recycling container.

**NO ELECTRONICS:** Do not place electronic devices in your curbside recycling container.

**NO HAZARDOUS WASTE:** We do not accept hazardous waste such as oil-based paint, automotive fluids, car batteries, fertilizers or pesticides. Latex paint recycling locations can be found on [PaintCare.org](http://PaintCare.org).

# The Ridgehouse at Founders Village Calendar

Phone: (720) 733-2778 | Email: [fvridgehouse@gmail.com](mailto:fvridgehouse@gmail.com)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <h2>February 2025</h2>						1
2	3	4 Zumba 5 pm	5 Zumba 5 pm	6 Buts&Guts 11 am	7	8
9	10	11 Zumba 5 pm	12 Zumba 5 pm	13 Buts&Guts 11 am	14 <i>Valentines Day</i>	15
16	17	18 Zumba 5 pm	19 Zumba 5 pm	20 Buts&Guts 11 am	21 	22
23	24	25 Zumba 5 pm	26 Zumba 5 pm	27 Buts&Guts 11 am	28	

## Complaint Procedure

**Who May Submit Complaints?** Complaints regarding alleged violations of the Covenants, Design Guidelines or Rules and Regulations may be reported by members of the Board of Directors, members of the Community or the Association’s Manager.

**How Complaints Should Be Submitted.** Complaints by a member of the community shall be in writing and must include a contact name and email address or phone number in case there is an inquiry from the Board or management office regarding the complaint submitted. Anonymous complaints will not be accepted. Your name and contact information will not be provided to the person you have made a complaint about; it is only needed for the management team. The member must have observed the alleged violation and shall contain the nature of the alleged violation, the location of the alleged violation and the date it was observed, photos are very helpful. A complaint may also be submitted by any member of the Board of Directors or by the Association Manager after a walk through or inspection of the Community.

You may send your concerns to PCMS via email at [support@pcms.net](mailto:support@pcms.net) or via fax at 303-224-0002.

**Advertising Rates per issue**

**Prepay for 5 issues, receive the 6th issue free!**

Business Card	1/4 Page	Half Page	Full Page
\$25	\$50	\$80	\$125

# MARCH

## ADVERTISING

## DEADLINE

### February 20th

EMAIL [KERRI@PORCHLINK.COM](mailto:KERRI@PORCHLINK.COM) FOR MORE INFO

# Founders Teen Services

**Teen Services Update:** If you have previously registered your teenager for the Teen Services listing in the newsletter publication and your teen is no longer interested in having their name listed or has moved out of the community, please send an email to [corpoffice@pcms.net](mailto:corpoffice@pcms.net) and request that your teens name be removed from the list. The Association has received a few calls indicating that they have tried calling several of the teens listed and were told they are now at college or moved, etc.  
**List updated October 2024.**

To add your name to Teen Services please contact [corpoffice@pcms.net](mailto:corpoffice@pcms.net).  
Give your name, street, telephone and the services you provide.

Name	Phone #	Baby Sitting	Red Cross Certified	Pet Sitting	House Sitting	Lawn & Chores	Snow Removal
Ryleigh Barratt	720-908-5799	✓	✓				
Ethan Bernacki	303-386-0046			✓	✓	✓	✓
Katie Bernacki	303-386-0047	✓	✓	✓	✓		
Jenny Berson	303-814-1535			✓			
Abby Brown	208-283-6360					✓	✓
Gabriel Clifton	720-427-2191			✓	✓	✓	✓
Petra Dobat	719-648-8635	✓		✓			
Amber Dorr	720-733-8324	✓	✓	✓	✓	✓	
Raya Ellis	970-531-8111	✓	✓				
Sean Galfi, 15	720-822-8040			✓			
Eva Gama Gallagher	720-416-9629	✓	✓				
Maddy Glass	720-290-1792	✓	✓	✓	✓		
Liam Hanks	720-937-1067			✓	✓		✓
Lindsay Harrison	303-656-6335	✓	✓	✓	✓		
Kyle Hawkins	303-618-5308					✓	
Alex Heintzelman	303-814-2002			✓		✓	
Casey Helget	303-483-5299			✓		✓	
Luke Helget	303-483-5299			✓		✓	
Eamon Jensen	303-591-9286				✓	✓	✓
Kat Julseth	303-660-1281	✓		✓	✓		
Alyssa Lang	720-733-8691	✓	✓				
Kaylee LeKander	303-886-7793	✓					
Lucas Lockwood	720-364-9272			✓		✓	✓
Sierra Martin	720-550-0408	✓	✓	✓	✓		
Caity Matz	720-346-8126	✓	✓	✓	✓	✓	✓
Abbie Matz	720-346-8126	✓	✓	✓	✓	✓	✓
Camilla McFarlin	720-672-0690	✓	✓				
Kayla McNeil	303-660-8204	✓		✓	✓		
Sage NeRoy	740-527-3870	✓	✓	✓			
Phoenix Nielsen-	720-232-5706	✓	✓	✓	✓	✓	✓
Daniel Rudolph	303-882-8473			✓	✓	✓	
Dayja Shaw	970-624-7831	✓	✓	✓	✓	✓	✓
Tyler Slatten	303-859-7268			✓	✓	✓	
Shelby Tague	720-789-0954	✓					
Camden Truhler	720-525-2859	✓	✓				
Jonathan Wade	303-660-5423	✓	✓	✓			
Christianna Wahl	303-306-8117	✓		✓			
Kloey Wells	918-841-8206	✓		✓	✓		
Kiera Willford	303-518-6720	✓	✓	✓	✓		
Celeste Zarpate	303-910-1624	✓		✓	✓		
Weston Zelem	303-880-8140			✓			





# Microgreens: Friend or Fad? A New Year's Growing Trend

Nichole Rairigh, CSU Extension Master Gardener, author and photo credit

As winter plods on, planting something to beat the winter blues is an attractive idea. Many of us are thinking about fresh ways to bring vegetables into our lives, though outdoor vegetable gardening is a few months away. Enter microgreens: tiny, nutrient-packed plants that promise big rewards in a short time. Are they a passing trend, or here to stay? Let's explore.

## What Are Microgreens?

Microgreens are small, edible plants harvested at an early stage of growth. They are slightly larger than sprouts but should not be confused with them. These little greens include a variety of vegetables such as mustard, radish, basil, Swiss chard, kale, cabbage, arugula, and cress. There are also specially designed blends tailored to top sandwiches or salads. One of the best things about microgreens is how quickly they grow. From seed to harvest, the whole process takes just 10 days. For those new to gardening, especially kids, growing microgreens is an exciting activity. Watching the plants grow so quickly can inspire young gardeners and teach them about the cycle of plant life—right in the comfort of home.



*Jazzy Blend*

## Why Grow Microgreens?

Microgreens are rarely sold in grocery stores and when they are, they are expensive due to fragility of the product and packaging required. Microgreens grow incredibly fast, providing a fast payoff in the doldrums of winter. Plus, they are nutritional powerhouses containing vitamins A, B, and C and antioxidants.

## How to Grow Microgreens:

Seeds can be procured at your local garden center. I have recently tried cilantro microgreens and the Jazzy Mix offered by Botanical Interests®. For step-by-step directions with pictures, visit [An Edible Project for Winter Green Thumbs – Pueblo County Extension](#).

***Growing microgreens is easy and doesn't require much space. Here's a simple step-by-step guide to get you started:***

1. **Procure Seed Starting Mix or Potting Mix** – Start by moistening the mix.
2. **Fill a Container** – You can use a six-pack from your local nursery or even clear to-go containers with lids. Anything that can hold the mix and allow for drainage works.
3. **Sow the Seeds** – Sprinkle the seeds generously over the soil.
4. **Water** – Use a spray bottle to moisten the soil.
5. **Cover** – Place foil or a lid over the container to block light for the first day. This encourages leggy plants that will reach for the light, making them easier to harvest.
6. **Light Exposure** – On day two or three, move the container to a sunny window or under grow lights.
7. **Harvest** – Once the first true leaves appear (after the cotyledons, baby leaves), it's time to harvest. Snip off the greens with clean scissors just above the soil level.

## How to Harvest and Store Microgreens:

Once your microgreens are ready, use clean scissors to trim them just above the soil level. Be sure to harvest them fresh, as their shelf life is short. If you're not using them right away, store them in a container lined with a paper towel in the fridge. They'll stay fresh for about 3-5 days if kept cool and dry. Wash before eating.

## Microgreens: A Fun, Low-Time Commitment Winter Gardening Project!

Microgreens offer an exciting way to keep your gardening spirit alive during the winter months. Whether you're a seasoned gardener or a beginner, these little plants are a fun, fast-growing project that don't require a lot of space or time. Why not give microgreens a try? They may just become your new favorite kitchen staple. Happy growing! To learn more about microgreens, check out the CSU article: [Oct-20-2018-Growing-Microgreens.pdf](#)

# Castle Rock Colorado Genealogical Society



CRCGS is a recognized non-profit organization and donations are tax deductible. All programs and classes are offered free of charge unless otherwise noted, thanks to the support of our members and their annual dues. Castle Rock Colorado Genealogical Society requests registration for each of our events, including our open events. Please use the sidebar navigation to browse our Programs, Education classes, and Events. After registering, you will receive an email that contains links and access information for any virtual meetings or in-person event



**Thursday, February 6, 2025 - 10 AM to 12 PM**  
**Tracing a Lost Legacy: A Case Study of a Father Gone Too Soon**  
**Presented by Noel Ferre**

In this in-depth case study of one father's life, we will dive into the methods used to overcome challenges like missing records and misleading information. Discover how research can reveal answers and bring closure to unanswered questions. In this session, you learn not only how Noel uncovered the story of her father who passed too soon but also how she used the findings to honor his legacy, reconnect family ties, and bring meaning to the details she discovered. Noel Ferre is a recent past President of CRCGS, former Programs director and a dedicated member of the Society. She is a thorough and organized genealogist, a talented presenter, and speaker for societies throughout Colorado. She was a guiding force for CRCGS during her time on the board. Member Login, then Class Registration at <https://www.crcgs.org>



**Saturday, February 8, 2025 - 10 AM to 12 PM**  
**Just the Ticket to Find Your Railroad Ancestors**  
**Presented by Mary Kircher Roddy**

If Gramps was working on the railroad, what railroad was it? What did he do? How can you learn more? Discover the many different kinds of records a trainman's life might have created. Mary Kircher Roddy, CG, grew up in San Rafael, California. She earned a Bachelor's degree in Liberal Studies from The University of California, Riverside in 1982 and a Master's in Professional Accounting from the University of Texas in 1984. She earned a certificate in Genealogy and Family History at the University of Washington in 2005. She was credentialed by the Board for Certification of Genealogists® in 2019 and serves on their Board. Mary has written for National Genealogical Society Quarterly, NGS Magazine, FGS Forum, Family Chronicle, Internet Genealogy and numerous society publications. Register for Programs/Events at <https://www.crcgs.org>

## MONTHLY - Special Interest Groups via ZOOM

**DNA SPECIAL INTEREST GROUP - 1st Wednesday 10:00 AM to NOON Member Login, then Class Registration EVERY MONDAY - SHARE: HYBRID/ Castle Rock Library or ZOOM - Everyone Welcome Every Monday (except Holidays) from 10 AM to 12 PM, join us on Monday mornings of SHARE Genealogy for Support, Help, And Research Experience**

**TUESDAY EVENING - SHARE: ZOOM - Everyone Welcome. Join us on the 4th Tuesday of each month (except Holidays) from 6 PM to 8 PM. A collaborative discussion of your successes and challenges. Join us for more fun in the evening of Support, Help, And Research Experience**